## Home grown. Raw Herbs



## Raw Herbs

Dandelion-Roots	Rosehip - Fruits
Dandelion- Leaves	St. John's worth - Flowers
Valerian- roots	Plantain - Leaves
Nettle- Roots	Lime - Flowers
Nettle-Leaves	Black Elder - Fruits
Mullein - Leaves	Chamomile - Matricaria chamomilla flowers
Yarrow-Stems	Chamomile -Chamomilla nobilis flowers
Mallow-Leaves	Chickweed - Steam
Mallow-Flowers	Everlasting - Flowers
Horsetail	Winter Savory - Stems
Ribwort Plantain-Leaves	Summer Savory - Stems
Thyme - Flowers	Feverfew - Stems

Motherwort - Stems	White birch - Bark
Common Balm - Leaves	Hawthorn - Fruits
Meadow sweet - Stems	Hawthorn - Flowers
Oregano - Stems	Pine - Needles
Cornflowers - Flowers	Fire needle - Needles
White willow - Bark	Fire silver needle - Needles
Blackberry - Leaves	Milk thistle - Fruits
Bilberry - Fruits	Peppermint - Leaves
Bilberry - Leaves	Rosemary - Leaves
Juniper - Fruits	Flowering Ash - Bark
Hawkweed - Stems	Woormwood - Stems
Mountain arnica - Flowers	Woormwood - Stems
Raspberry - Leaves	Sage - Leaves
Strawberry - Leaves	Tansy - Stems
Uva Ursi - Leaves	Marigold - Flowers
White birch - Leaves	Horse Chestnut - Fruits

Apple tree - Fruits	Marshmallow - Root
Grab apple - Fruits	Marshmallow - Leaves
Dwart-elder - Fruits	Basil - Leaves
Blackthorn - Fruits	
Burdock - Roots	
Comfrey - Roots	
Elecampane - Roots	
Angelica - Roots	
Coltsfoot - Leaves	
Shepherd's purse - Stems	
Holywort - Stems	
Watercress - Stems	
Field melilot - Stems	
Lady's Mantle - Leaves	
lvy - Leaves	
Lesser Hairy Willow - Stems	